



LTT Frýdlant nad Ostravicí, Czech Republic 9-13 May 2022



DAY 1 Monday 9th May 2022



The last 9th of May, we started with a new meeting of the CaRE Project. The meeting took place in Czech Republic, in a small village called Frýdlant nad Ostravicí, where Gymnazium Beskydy Mountain Academy, the institute that hosted us during the meeting week, is located. Our colleagues from the Czech Republic were waiting for us with a warm welcome at 9:30. We settled in the library and started the week with a fun ice-breaker activity. We learned the importance of protecting what we want to take care of.



Jonathan then showed us around the school and the director welcomed us into her home, making us feel at home from the very first moment.

And we started the workshops working in international teams with the first reflection of the week. For this, we were talking about the different CaRE practices and how they had been implemented in each of our schools. Through this reflection, we could discover how CaRE practices have become part of our lives and our daily lives.

And after much reflection, we took a short break during which we were offered a delicious meal in the school canteen.



We start our work again by putting a Teachmeet into practice. Aibhin started by showing a good practice with his students and we all contributed our experiences in two minutes. It allowed us to enrich and learn from the practices of our colleagues and at the same time to reflect on how to improve our own teaching.

We ended the day with a pleasant walk in the surroundings of the village, culminating in a delicious dinner.



DAY 2

Tuesday 10th May 2022

On Tuesday, we started the day by sharing the workshop entitled 21's century skills. For this, in national groups we tried to define the four skills we need to work on in the classroom in order to make students competent. We were also devising activities to develop these skills in the classroom. We have been going through all the cardboard, contributing in each one of them our experience and showing our disagreement in case there was any.

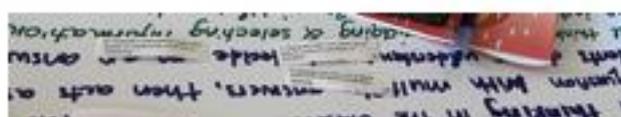


Once the activity was over, we shared all the comments that were written on the cardboards as a discussion. And finally, we looked at the actual definitions and shared them.

It was a very enriching practice, which made us think and reflect on what we want learners to be like in the 21st century, how they should face the world and what activities we as teachers have to work on so that they can achieve this.



After a short break, we did a national team activity in which we had to discuss in which skill we placed each of the activities we were shown, ending the workshop with a sharing



and a debate in which we showed the different points of view just before the lunch break.

After lunch, a great surprise awaited us, we shared a fantastic session with the students. With the help of Jonathan and with the company of his students, we worked on an activity that develops critical thinking. It consisted of comparing the same news item in 6 different newspapers in the USA. In this way, the students could see that the same news story can have many different points of view, and depending on how it is told, the results are completely different. It is important to be able to analyze the information and contrast it before giving credibility to what we are told.

To end the day, we were surprised with a small exhibition of typical folklore of the Czech Republic by our colleagues Lukas and Jana. It was a fascinating experience where we got a little closer to the culture and curiosities of the country. Thank you for this moment!



We ended the day with an excursion to Ostrava, where we visited the old steel factory, strolled among its curious facilities and shared a dinner in this beautiful city.



Wednesday 11th May 2022

Cultural day.

On Wednesday we were able to enjoy a wonderful day of conviviality. Nature and the impressive mountains that make up the region were the protagonists of our cultural day.

We started the day with a visit to the Open air museum Roznov pod Radhosten - Wooden Town. There we could see a replica of a typical village of the area. Its curious wooden constructions, a material that was predominant due to the high supply of wood in the area. The walk among trees and wooden buildings took us back to the 19th century and showed us the peculiarities of the time.



Once the visit is over, we head for the mountains to enjoy nature in its purest form. We take the chairlift up to a height of 1020 metres (Pustevny) to enjoy breathtaking views of the mountains that are the hallmark of the country.



Up there, we first tasted a tasty meal in a peculiar restaurant, which impressed us with its decoration and its chrome-plated wooden structure that took care of every last detail of our meal, where we tasted typical dishes such as Estrepachqui, which was delicious.



And then we lived a great adventure in which we felt like children again. We climbed up to the wooden platform built between the mountains where we not only appreciated the views from the heights and breathed a truly pure air, but also had fun with its Tibetan bridge activities, swings, trampolines and mazes that awaited us along the way. It was a spectacular adventure, a high-flying experience.



DAY 4 Thursday 12th May 2022

We started Thursday with a return to Gymnazium Beskydy Mountain Academy. On this occasion, the first workshop we held was about the theory of interviews and questionnaires, although we had already learned something about them in Vienna, we remembered how they should be, what their structure should be, their intention... we also worked on data recording and the different types of data to collect.

Once we had gone over the theory, it was time to correct the homework that each team had brought from home. We all brought a survey with us, and in national groups, we answered the survey from another country and analyzed it. After listening to another team's analysis of our survey, we moved on to further reflection in the national teams on how to improve our work.

Before a lunch break, we held a workshop in which we analyzed the advantages and disadvantages of oral communication, online communication and the possibility of combining the two.

This debate was very useful for the preparation of the new meeting that we will have in September in Madrid and for the orientation in the realization of output 6 of the handbook.

After another delicious meal in the school canteen, we went on to another session with the students of the school in which we completed what we had left over from Tuesday, and made a poster in which we presented our conclusions.

As it could not be otherwise, we ended the day sharing a delicious dinner that would serve as a farewell dinner and conclusion to such an intense week.



DAY 5 Friday 13th May 2022

As usual, the last day is dedicated to the reflection of the work we have done during the LTT.

During this week, we have learned, we have had fun, we have reflected a lot on our teaching practices, but above all, we have shared and moved one step closer to the creation of the international learning community.

We would like to warmly thank our hosts for the pleasant and enriching week that we were able to share in their facilities. Thank you for your warmth, for showing us your work with so much love, for showing us your village and sharing your culture, and of course, for making us feel from the first moment that your school was our home. Thank you for such an enriching week.

